



SEPTEMBER 16TH
10 AM TO 2 PM

SENIOR HEALTH AND RESOURCE FAIR

**Eastport Welcome Center
Port Authority Building
141 Water Street**

*This **free** community event is sponsored by*



Speakers

Exhibits

Demonstrations

**Experts on Healthy
Aging**

**Community
Resources**

SPEAKERS:

10:30 Fraud/Scam Prevention

Eastport Police Department

11:00 Senior Financial Exploitation

Maine Legal Services for the Elderly

11:30 Diabetes & Cancer
Prevention

Deb Pottle & Barb Vittum- EHC

12:00 Preparing for an Emergency

“Build a Kit, Make a Plan”

Cindy Light – Eastport Health Care

1:00 Social Isolation

Blanche Barnes, DCP

1:30 Understanding Medicare

Penny Cross - EAAA