



EHC Employee News...

Eastport Health Care, Inc.

Volume 1, Issue 2
October 2, 2013

Second Edition of the Quarterly EHC Newsletter!

This is our second quarterly newsletter, which continues in response to staff request. While this newsletter will continue to include staff news, news from the Board, HRSA feedback, and other updates, we also want your input, ideas and news to share, so forward info to me as you think of it. Your suggestions to improve it are always welcomed!

~Holly



Happy Fall Everyone!

Staff News:

- ◇ Nan Sepik FNP is retiring on 10-30-2013. Nan, may you have a long and healthy retirement. Thank-you for your years of service at EHC and in Washington County.
- ◇ Chrys Landrigan PA-C has been recruited at a full time provider in Eastport. Chrys will join EHC on 11-4-2013.
- ◇ Anne Leaver has accepted a new position as Counselor at UMM. Her last day at EHC is on 12-5-2013. Wishing you all the best, Anne.
- ◇ EHC is actively recruiting a dually licensed behavioral health clinician to practice in Eastport and Machias
- ◇ Great Renaud has retired from her role in Behavioral Health-Best wishes Greta!!
- ◇ Deb O'Neil has left EHC for other opportunities.
- ◇ Robert Porter, MA has also joined EHC's Podiatry Team. Robert replaces Deb O'Neil.
- ◇ Cheryl Mahar, MA joins EHC supporting both Behavioral Health in Eastport as well as per-diem for the Eastport Lab.
- ◇ Juanita Carter, MA has joined the Eastport medial Team in the role of clinic support.
- ◇ Deb Shields hopped on board with EHC this past month as well in her role as Outreach & Enrollment support the new healthcare marketplace activities brought forth by the Affordable Care Act.
- ◇ Congratulations to Laurie & Chris, Lillian & Paula and Cindy & Diane on your recent weddings!
-Best wishes to all-

EHC Staff news is generated for employees & not intended to be published to the community at large

Inside this issue:

Board News	2
HRSA News	2
Staff Recognition	3
Employee Activities	3
EHC Holiday change reminder	3
Employee Wellness	4
Community Circles	4
Outreach & Enrollment	4



EHC Updates

Board News



members who have left the Board:

- * Dick Adams
- * Jon Southern
- * Robert Arsenault

◇ New Board members who have joined the Board since last report:

- * Ann Skriletz

◇ Policies Approved since last report: (

⇒ Release Form –revision

⇒ Suicide Prevention / Risk & Mental Health Crisis Emergency

⇒ Dental & Medical No Show Letters

⇒ Eastport Provider Approved Standing Orders for MA's

⇒ Weapons Policy

⇒ Notice of Privacy Practices

⇒ Table of Organization Changes

(once approved, new & revised policies are sent out through Theresa's office)



HRSA News



- ◆ Continued focus on regulatory compliance, particularly related to Quality Initiatives (PCMH), meeting CMS productivity standards and quarterly reporting.

- ◆ EHC received funding to support Outreach and Enrollment activities related to Affordable Care Act

(Marketplace-Health Insurance Options). Deb Shields is spearheading this effort on our behalf.

- ◆ We do still have work to do to meet our budget expectations. This has been and will continue to be a weighted focus by HRSA.

Staff Recognition

- ◆ Sue Drew RDH: MPCA’s 2013 Clinical Excellence Award for Oral Health
- ◆ Theresa Brown, CQI-GM: Maine Health Management Coalition’s Recipient Quality Excellence 20 in 20 Award
- ◆ BIG KUDOS go out to Lillian Cox, who has been instrumental in supporting patients with prescription assistance & saved our Patients greater than \$15,000 during September alone. Wow!
- ◆ Congrats to the Machias Medical Team for the glowing report from Helena Petersen (CCT leader for the State) after her recent visit & observation at your huddle - “Outstanding effort to support PCMH model of care”. Great work Machias!



Employee Activities

- Monthly Pot lucks (EP site)- Tina is spearheading and these occur on the 3rd Friday of each month. Two themed potlucks have taken pace so far. August was Mexican; September was Chinese. Many different foods were prepared by staff. It was all delicious! October will be Comfort Foods
- Employee Picnic was held on 9-14-2013. Tina gathered up a team including: Angela Prenier & Linda Johnson to hold an EHC Picnic. 24 people attended the Picnic which was held at Shackford State Park. Tina partnered with students from Shead HS’s Community Service class, guided by their teacher Tara Poole, who set up a Treasure Hunt in the surrounding woods. Prizes were given to all the children who participated.
- Looking forward to our Holiday party next. Date, time & place to be announced soon.

.....
 : "Alone we can do :
 : so little; :
 : together we can :
 : do so much" :
 : — Helen Keller :

EHC Holiday Change - Important reminder

Please remember, we will be OPEN on Columbus Day, Monday October 14th, and will now be CLOSED on Veteran’s Day, Monday November 11th. This change occurred based on staff request/ vote.



30 Boynton St Eastport
53 Fremont St Calais
Franklin/Palmer St Calais

E-mail: hdeyoung@eastporthealth.org
Phone: 207-853-6001

Mission:

The primary goal of Eastport Health Care is to provide the residents of Washington County with the very best quality of comprehensive medical, behavioral health, and dental care and support services possible, regardless of ability to pay



Next Issue: Winter 2013

Employee Wellness



EHC is a participant in the Eastport Healthy Maine Streets (HMS) Employee Wellness initiative. Tides institute received the funding (\$15,000) to support activities for the 11 member businesses. The HMS is sponsored by the federal CDC in partnership with the Maine Community Foundation. HMS focuses on healthy eating, physical activity, smoking cessation. EHC will provide staff with information related to resources available to promote healthier choices for eating, where to go locally to walk, bike, or other physical activities, and smoking cessation information.

Any staff who are interested in participating on a wellness committee at EHC, please contact Holly.

Community Circles coming up:

- ◆ *Integrated Behavioral Health Community Circle: 10-10-2013 at 5:30 at DECH, Board Room in the MacBride Building.*
- ◆ *Health and Wellness Community Circle: 10-15-2013 at 6-7pm at the Labor of Love Nutrition Center in Eastport.*

ALL ARE WELCOMED!



Outreach & Enrollment-Health Marketplace

Who do you know that needs health insurance?

As the Outreach and Enrollment Coordinator (O&EC) here at EHC, I've been meeting with you individually or in small groups to talk about the Affordable Care Act. My role here is to help our patients and our communities to find affordable health coverage, educate and help enroll people from our community with no health coverage. I am working alongside 4 other O&EC's across Washington County. We are working together to get the word out to everyone that health centers are the place to find help to work your way through the Maine Insurance Marketplace.

Help is just a telephone call away - If you know someone or need coverage yourself, I can help.

~Deb Shields

Please feel free to share my contact info: call me at 853-6001 x 133 or email me at: dshields@eastporthealth.org

Wishing you all peace & happiness for the upcoming Holiday Season!

Please e-mail any information for our next newsletter to Holly by January 10th 2014 ~Thanks!