



## The Eastport Health Care Newsletter

*Providing  
Comprehensive  
Care in  
Washington County*

### **EHC IS “RAMPING UP” FOR PATIENT VISITS BEGINNING JUNE 1**

**Q: When can I see my provider in person?**

A: June 1st for medical, dental, and behavioral health .

**Q: What safety precautions will EHC implement?**

A: All individuals (patients, staff and visitors) will be screened for fever and symptoms of Covid-19 when they enter the building. The waiting room has been arranged to allow for social distancing and all individuals will be asked to wear a mask.

**Q: What if I don't have a mask or don't want to wear a mask?**

A: If you don't have a mask, one will be provided for you. Children under the age of 2 and patients with certain medical conditions will be asked to wait in a designated area in the waiting room. Patients who refuse to wear a mask will be asked to wait in their car but will still be required to wear a mask when entering the building.

***For more Q & A , please continue to page 2***

### **INSIDE THIS ISSUE**

- ⇒ Front Page News
- ⇒ EHC Ramps Up!
- ⇒ Words of Gratitude
- ⇒ Support Groups
- ⇒ Community News
- ⇒ Star Awards

*Check out our newsletter every other month for EHC news and upcoming community events!*

*If you would like info added to this newsletter, please email us at*

*newsletter@eastporthealth.org*

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## *Ramping Up, continued...*

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**Q: Will I be allowed to wash my hands or can I bring hand sanitizer to my appointment?**

A: Absolutely! EHC encourages everyone to practice good hand hygiene! In fact, all patients will be asked to wash their hands/use hand sanitizer when they are brought into the exam room. EHC also has numerous hand sanitizer dispensers throughout the building.

**Q: Wait! What about the staff at EHC? Are they screened for fever and Covid-19 symptoms? Will they be wearing face masks?**

A: ALL employees are required to wear face masks, practice social distancing, and good hand hygiene. EHC staff have their temperatures taken every morning and are screened for Covid-19 symptoms before entering the building.

**Q: Will the waiting room be crowded? And what if a patient comes to EHC with a fever or symptoms of Covid-19?**

A: Appointment schedules will be staggered so there will be a minimum of people in the waiting room which has been arranged for social distancing. Should a patient have a fever or have symptoms of Covid-19, the patient will be isolated in a special room away from other patients and will not be allowed into the waiting room. Patients with fever or Covid-19 symptoms will be escorted outside so they can be let into a room designated only for Covid testing.

**Q: What if I don't feel comfortable leaving my house but need to see my provider?**

A: Please call EHC at 853-6001 to discuss your options for telehealth. Please also note that not all appointments can be conducted by telehealth.

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## More Words of Gratitude

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All of us here at EHC are incredibly grateful for the outpouring of support from our neighbors and friends, near and far.

In last month's special edition of the EHC newsletter, we extended our heartfelt appreciation to a great many groups and individuals. This month the staff of Eastport Health Care wishes to acknowledge the support of:

**The Freyer Jones Family** –*John, Carolyn and Lucinda Piper for the delicious treats and encouragement;*

**The Maine Mask Makers**—*for keeping our staff and patients safe;*

**Perry Fire Department**—*for providing us with fit testing;*

**Jay Pearson — and Tammy Pearson**, too, for the loan of her husband. *Jay conducted fit testing for EHC staff who work the front lines with EHC patients.*



### SUPPORT GROUPS

#### Senior Needs-Age Friendly Community Circle:

Meetings are on hold due to Covid-19.

#### The Butterfly Effect:

Formerly known as the Circle of Hope, this group is on hold due to Covid-19.

#### Downeast Rainbow Alliance:

Please call for the next meeting date! 853-6001

*Find Us on Facebook!*



**The Senior Center :**  
Activities are on hold at this time due to Covid-19.

**Eastport Arts Center:** Closed due to Covid-19.

**Labor of Love Food Pantry:** Fri. 2:30 - 6:30 pm, 2nd Tue. 9 - 11 a.m. Emergency Rations on 3rd, 4th and 5th Tue. 9 - 11.



## Eastport Health Care, Inc.

Eastport: 853.6001

Machias: 255.8290

Calais: 454.3022

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# COMMUNITY NEWS

**EHC and the Community:** Everyone is welcome to join the discussion about how EHC can better serve community members of all ages. The next meeting is June 10 @ 4:45. The meeting will be a conference call. If you wish to join the conversation, please email [ekrajewski@eastporthealth.org](mailto:ekrajewski@eastporthealth.org).

**Free fresh produce:** distribution will be Monday, June 1 in the parking lot of EHC. Questions? Call Elaine Abbott at 853-0189.

**Community Resources:** Maine Families and Caring Community Collaborative have published resource guidebooks for Washington County [Seniors](#) and [Families](#). Information includes a wide variety of resources including accessing food, legal assistance, heating assistance, and more. Follow the links above for the online version of the guides.

## APRIL STAR AWARDS

**April's Star Award nominees:** Ann O'Brien, Beth Cosman, Brandy Argir, Brenda Voisine, Bridgette Holmes, Christine Bubar, Cindy Light, Crystal Atkinson, Debbie Pottle, Dr. Churchill, Dr. Luthin, Dr. Sammis, Ed Farrell, Elaine Abbott, Helen Merchant, Jessica Andrews, John Turner, Kelsey Pike, Krystin Smith, Mary Stubbs, MaryEllen Boone, Melinda Batchelder, Missy Mallock, Ron Boyle, Roxy Woodworth, and Sue Drew.

**SO....WHO WAS THE APRIL "STAR"?**

**Director of Patient Care** (and she, who, EVERY SINGLE DAY) takes the temperature of EVERY SINGLE EHC EMPLOYEE in the Eastport office...**BRANDY ARGIR!**

