



The Eastport Health Care Newsletter

Providing Comprehensive Care in Washington County

CELEBRATING NATIONAL HEALTH CENTER WEEK!

AUGUST 9-15, 2020

EHC is celebrating the resilience of our patients, health care providers, and staff!

- **August 10:** EHC will partner with Jana Sutherland and the Eastport Summer Lunch Program to hold a children’s dental hygiene poster contest . From **8—10 am** children will receive information on oral health, dental hygiene, the role of the dental hygienist, as well as supplies to make a poster. On August 12, participants will hand in their posters and receive prizes that will include dental supplies. **Peavey Library and Quoddy Farms locations.**
- **August 11:** Employee Grab ‘n Go Break. Pre-packaged snacks and drinks for staff as a “Thank You” for all they do.
- **August 14:** Patient Recognition Drawing. EHC patients who have a patient visit at any of the three locations (Eastport, Machias, Calais) or via telehealth during National Health Center Week will have **the opportunity to enter a drawing** that will occur at 4 pm. Winners will receive a gift bag full of health goodies and products!

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Check out our newsletter every other month for EHC news and upcoming community events!

If you would like to subscribe to this newsletter, please email us at:

newsletter@eastporthealth.org

Community Health Centers: Lighting the way for healthier communities today and in the future!

Annual Report to Our Community

Eastport Health Care

Celebrates 54th Anniversary of Community Health Centers!

Our mission is to provide the very best comprehensive medical, behavioral health, and dental care and support services possible to the residents of Washington County.



A little about who we serve:

- We provided 19,002 visits to 3979 people last year for Medical, Dental and Behavioral Health needs.
- The patients we serve are comprised of 35% Medicare, 14% MaineCare, 28% private Insurance and 23 % uninsured.
- We provided sliding fee discounts and other supports in excess of \$156,868 supporting 19% of our patients who fall at or below the 2019 Federal Poverty guidelines

A little about how we measure up:

EHC continues to maintain NCQA Certification for the Patient Centered Medical Home Model and reports regionally & nationally on many quality of care measures each quarter.

Here are a few of those quality measures:

- Diabetic blood sugar control: 84% have blood sugars in therapeutic range
- Hypertension: Overall, 74% of our patients have BP under control (<140/90)
- Cervical Cancer Screening: 62% of our patients have Cervical Cancer Screening
- Tobacco Use: 97% of our patients using Tobacco receive cessation counseling.

A few things that we are proud to share from this past year:

- EHC partnered with community organizations and volunteers in 2019 to distribute 2,260 pounds of produce and 76 emergency food bags. We assisted and enrolled 559 individuals in MaineCare and the Marketplace.
- Our Diabetes Prevention Program earned CDC Full Recognition reserved for programs effectively delivering a quality, evidence-based programs meeting all CDC standards.
- Dr. Adam Simmons joined EHC and successfully relaunched podiatric services.

Eastport Health Care: Our Specialty is You!

30 Boynton St Eastport ME 04631 207-853-6001
EHC is an equal opportunity provider and employer

MAINE HEALTH CENTERS MATTER



HEALTH CENTERS IN MAINE: 20

NUMBER OF SERVICE LOCATIONS: 70+

HEALTH CENTER JOBS IN MAINE: 1,792

TOTAL ECONOMIC IMPACT: \$364 MILLION

PATIENTS SEEN ANNUALLY: 210,000

DATA FROM MAINE PRIMARY CARE ASSOCIATION, 2017

EHC VISION STATEMENT

We are committed to professionally excellent service, exhibiting a caring and empathic approach toward all we serve, offering fair and respectful assistance in the delivery of our services, and practicing integrity in all medical services provided and in all business action undertaken. As a safety-net provider, it is our goal to fulfill our chosen role in creating and sustaining a healthy Washington County.



EHC honors our
dedicated Board of
Directors:

- Brian Frutchey
- John Hawkes
- Molly McDonald
- Suzanne O'Connor
- Stephanie Page
- Megan Patterson
- Marilu Scott
- Christina Smith
- John Venskus
- Samuel Whitney



**Eastport Health
Care, Inc.**

Eastport: 853.6001

Machias: 255.8290

Calais: 454.3022

30 Boynton St.
Eastport, ME 04631

 Find us on:
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More Words of Gratitude

All of us here at EHC are incredibly grateful for the outpouring of support from our neighbors and friends, near and far.

ALEX GALPIN OF TUSCON, AZ just sent us ANOTHER box of fabulous and fun masks. Thank you, Alex!!

Please join us in celebrating all of our Star Award Nominees for the month of June!

Bridgette, MaryEllen, Lehann, Krystin, Ron, Caitlyn, Tiffany, Melinda, Cindy L., Wanda, Lillian, Deborah K., Ed, Sue, Elaine C., Mary S., Helen, Beth, Jessica, Mary G., Juanita, Kathleen, Brandy, Kelsey, Dr. Ektare, Jodi, Phyllis, Elaine A., Robin, Dr. Churchill, Brenda, Lori, Debbie P., John, Jordyn, Roxy, and Shayleigh.



Dr. Churchill was the lucky winner and took home a special gift bag!

FREE PRODUCE!

August 3rd from
11:00 — 12:00 pm
EHC parking lot

All are welcome!

No income requirements

500 pounds of fresh fruit and veggies available for distribution!

Produce is pre-packed, just drive up to the distribution site

